

# HORARIO DE ACTIVACIÓN RAW

## TIJUANA, BAJA CALIFORNIA



| HORA   | LUNES                   | MARTES                  | MIÉRCOLES               | JUEVES                  | VIERNES                 |
|--------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| 7:15AM | BEST CYCLING PRESENCIAL | BEST CYCLING PRESENCIAL | BEST CYCLING PRESENCIAL | BEST CYCLING PRESENCIAL | BEST CYCLING PRESENCIAL |
| 7:30AM | RAW 30                  | RAW 30                  | RAW 30                  | RAW 30                  | RAW 30                  |
| 9:15AM | POWER PUMP              | BEST CYCLING VIRTUAL    | POWER PUMP              | BEST CYCLING VIRTUAL    | POWER PUMP              |
|        | BEST CYCLING VIRTUAL    |                         | BEST CYCLING VIRTUAL    |                         | BEST CYCLING VIRTUAL    |
| 9:30AM | RAW 30                  | RAW 30                  | RAW 30                  | RAW 30                  | RAW 30                  |
| <hr/>  |                         |                         |                         |                         |                         |
| 5:15PM | BEST CYCLING VIRTUAL    | BEST CYCLING PRESENCIAL | BEST CYCLING VIRTUAL    | BEST CYCLING PRESENCIAL | BEST CYCLING VIRTUAL    |
| 7:15PM | BEST CYCLING PRESENCIAL | POWER PUMP              | BEST CYCLING PRESENCIAL | POWER PUMP              | BEST CYCLING PRESENCIAL |
|        |                         | BEST CYCLING PRESENCIAL |                         | BEST CYCLING PRESENCIAL |                         |
| 7:30PM | RAW 30                  | RAW 30                  | RAW 30                  | RAW 30                  | RAW 30                  |
| 9:15PM | BEST CYCLING VIRTUAL    | BEST CYCLING VIRTUAL    | BEST CYCLING VIRTUAL    | BEST CYCLING VIRTUAL    | BEST CYCLING VIRTUAL    |
|        | YOGA                    | YOGA                    | YOGA                    | YOGA                    | YOGA                    |

ESTE HORARIO ESTÁ SUJETO A CAMBIOS SIN PREVIO AVISO (YA SEA DE HORA, CLASE GRUPAL O MAESTRO)